

# TRICARE CHANGES COMING

EFFECTIVE 1 JANUARY 2025



Effective 1 January 2025, the new TRICARE contract will take effect. These changes are aimed to improve the delivery, quality, and cost of health care services, to include:



GREATER PROVIDER NETWORK FLEXIBILITY



IMPROVED BENEFICIARY CHOICE



ENHANCED TELEHEALTH APPOINTMENTS

**The following states will move from the east region to the west region.**

*\*Beneficiaries in these states will receive updates from TRICARE associated with the transition and who to contact for questions or assistance.*



ARKANSAS



ILLINOIS



LOUISIANA



OKLAHOMA



TEXAS



WISCONSIN

**East region remains Humana; the west region is now TriWest Healthcare Alliance Corporation.**

There will be **NO IMPACT** to dental and vision coverage, TRICARE for Life, the U.S. Family Health Plan, or TRICARE Overseas beneficiaries.

For more information, check out [TRICARE's Q&A page](#).