

**ERR
LET'S
MOVE**

CHALLENGE

2025



01-30 JUNE // VIRTUAL

FOR MORE INFO: 843-228-7341 OR SC.SMP@USMC-MCCS.ORG

WALKING AND RUNNING ARE GREAT WAYS OF EXERCISING! THIS CHALLENGE WILL ENCOURAGE YOU TO BE CONSCIOUS OF HOW MUCH EXERCISE YOU DO EVERY DAY.

JOIN OUR CHALLENGE -- SEND US WEEKLY UPDATES OF HOW MANY MILES YOU WALK/RUN IN THE MONTH OF JUNE. INDIVIDUAL WITH MOST MILES WILL WIN A PRIZE!

ALL PARTICIPANTS WILL RECEIVE A T-SHIRT (WHILE SUPPLIES LAST) AT THE END OF THE MONTH.

OPEN TO EASTERN RECRUITING REGION MARINES ONLY
SEND YOUR WEEKLY MILES UPDATES TO SC.SMP@USMC-MCCS.ORG



Disclaimer: No Federal or DoD endorsement implied

